

# *What's Your Learning Style?*

*Thoughts of a  
Homeschool Mom*

*Using this handout, you can identify and better understand your learning style, to enhance your overall learning process and experience. You may find that you identify with more than one category and that is perfectly normal.*

## **Visual Learner**

You prefer using colors, pictures, images, and spatial understanding. While artistic, you may have trouble expressing your ideas. You are very creative, and crafts and computer games/exercises are great methods to teach this learning style.

## **Aural Learner**

You prefer using sound and music when learning. You may find yourself singing or humming often. You learn best through rhythm, melody, and music. You can create or learn songs that assist memorization and learning techniques. Music should be present in all lessons, where applicable.

## **Verbal Learner**

You prefer using words, both in speech and writing. You learn best by saying, hearing, and seeing words, and your memorization skills are mesmerizing to your peers. Spelling bees and creative writing are great options for this learner.





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## **Physical Learner**

You prefer using your body, hands and sense of touch. You like to combine learning with an activity (i.e., learning new vocabulary while playing tennis). Sense development is key and lessons should be short (10-15 min).

## **Logical Learner**

You prefer using logic, reasoning, and systems. You love to solve math-related problems, and you are very interested in how things work. The use of charts and comparison/relationship exercises are helpful for this learning style.

## **Social Learner**

You prefer to learn in groups or with other people. You easily adapt to any social situation. You tend to take on the leadership role and you display genuine empathy and patience with others. You love to share and compare with others.

## **Solitary Learner**

You prefer to work alone and use self-study. While you should have opportunities to socialize, you work best in your own space during the learning process. You have a very strong understanding of yourself; however, socialization may be difficult.

